

University Success!

College Considerations
for Students with
Learning and Attention
Differences at a 4-Year
Campus



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What I will be covering :

- Advantages of a major university
- What to look for:
 - Accommodation Support
 - Executive Function Support
 - Tutoring
 - Community and Mental Health Support
 - Accessibility
- What should you know ahead of time
- Why choose the University of Arizona
and the SALT Center





Advantages of a Large University

- Degree Options:
- Diversity/Involvement Options:
 - Clubs
 - Greek Life
 - Cultural Centers
 - Sports
- Opportunities:
 - Research
 - Alumni Associations



Accommodation Support

“Can I receive accommodations in college?”

- Colleges don’t have the same legal obligations as high schools
- Colleges provide accommodations to eligible students under Americans with Disabilities Act (ADA)
- “Legally required” or “reasonable” accommodations.
- The requirements and documentation can vary from college to college.

Academic and Executive Function Support

There are no case managers in college.

- Student Support Specialist/Learning Support Specialist
- Assists with anything from **educational planning, goal setting, time management, organization, and learning strategies.**
- Gives students an opportunity to talk about academic and non-academic topics.
- Support self-advocacy





Tutoring

university

Help will always be given at ~~Hogwarts~~ to those who ask for it. – Albus Dumbledore

- Who are the tutors?
- How are they trained and/or certified?
- Types of tutoring offered?
- Does tutoring represent all classes, program, and degrees?



Community and Mental Health

- Community spaces for students with learning, attention, and social differences.
- Social events geared toward these students
- Cultural and Resource Center
 - Spaces to celebrate diversity, get involved, and meet new people; i.e. **Disability Cultural Centers, LGBTQ Affairs, Women and Gender Resources, African American Student Affairs**, etc.
 - Spaces to find resources for **First Generation Student, students from foster programs, Military members**, etc.



Community and Mental Health

- Access to mental health services:
 - **Therapy services**
 - **Access to medication on campus**
- Community awareness and safety
 - **Blue Envelope Program:** Supporting individuals on the autism spectrum who make have trouble interacting with officers during traffic stops





Accessibility

- **Documentation**
 - Is *updated* documentation required?
 - What *type* of documentation is acceptable?
- **Diagnoses**
 - Is a diagnosis required?
 - Can a diagnosis be done at the college level?
- **Campus Navigation**
 - Is there a single campus location?
 - Is there transportation for students living on campus without a car?

What Should You Know?

- **Life Skills**
 - Laundry
 - Cooking
 - Budgeting/Money Awareness
- **Expectations and Flexibility**
 - **Undecided** is the 2nd most common major
 - You will change, add, and remove majors throughout your college career
 - College isn't linear and/or an affixed path
- **Your**
 - Is there a single campus location?
 - Is there transportation for students living on campus without a car?





UNIVERSITY OF ARIZONA HIGHLIGHTS

- First university in Arizona, established 1885
- 150 Undergrad Degree programs
- 400 difference clubs
- Diversity Focused
 - Hispanic Serving Institution (HIS)
 - 112 Countries represented
 - Cultural clubs that promote awareness, enrichment, and community
- Research 1 University
- 17 NCAA Division 1 Sports Teams





UNIVERSITY OF ARIZONA HIGHLIGHTS CONT.

- **Eller College of Management**
 - #17 Business School in the US
 - #1 Business School at a Research 1 University
- **College of Agriculture, Life & Environmental Science**
 - #2 Water Resource Program
- **College of Science**
 - # 2 in Water Resources
 - #4 in Earth Science
 - #6 in Space Sciences
 - #4 in Speech, Language, and Hearing Sciences
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SALT CENTER HIGHLIGHTS

- Established in 1980
- Unique to The University of Arizona
- Strictly academic support (*Not a school-within-a-school*)
- 35 full-time professionals
- 650 students enrolled each semester
- Historically: 85% in good academic standing
(GPA of 2.0 or higher!)
- Fee-for-service (*The SALT Center is financially self-supporting*)
- 3 primary service components





Three Primary Service Components

- **Student Support Specialists**
 - Primary contact for the SALT Center
 - Transition Support
 - Time management and Organization
- **Tutoring**
 - Tutors certified to support students with learning and attention differences
 - Tutoring options: One-on-One, Study Groups, Math & Science and Reading & Writing Drop-In
- **Educational Technology**
 - Technology support in and out of the classroom



Supplemental Supports

- **Psychological Services**

- Brief, solution-focused therapy for SALT students
- Provided by therapists from ABLE Clinic, a public clinic in Tucson
- Online or in person

- **Wellness Events**

- Support during stressful times in the semester like mid-terms and finals
- Therapy dogs, yoga, massage therapists

- **Community Events**

- Social events for SALT Students
- Boardgame nights, movie nights, group campus event attendance

How to connect

Email: bmcortin@arizona.edu

Visit us at: salt.arizona.edu

Learn more about The University of Arizona:
arizona.edu